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Call your local Farm Bureau Insurance agent today!
FROM the President’s Desk...

We’ve had a great start to the year.

• Eric has brought us the UMMC-MC Ambulance Chase and the Anatomy “Rave” Ball. Work hard, play hard – that’s all we need to say.
• Besides her usual responsibilities as philanthropy chair, Erin facilitated our first ever ASB Trivia Night. It was easily one of the best events of the year. For one, trivia is awesome. And two, did you see the WTF (World Trivia Federation) Belt that was presented to the winners? It may be more coveted than the School Cup Trophy. Erin also created an awesome Super Mario Bros theme booth at Taste of the U allowing me the opportunity to see how I’d look with a mustache in my Mario costume.
• Carson has easily been the most innovative Intramural Chair in the history of ASB. I have no idea what sport he will come up with next. It’s exciting. It gets the people going. Go to Intraligues.com/UMMC to get a taste.
• And, of course, our SCC (School Cup Chair) is holding it down and counting the points up until the very end. The Grad School doesn’t want to lose their title as defending School Cup champs. But, it looks like we have several other contenders for the cup that should make for an interesting finish.

There are plenty of people involved with ASB and even more doing things behind the scenes that makes our UMMC experience unique and fun. We know that time flies when we’re having fun and staying busy. I hope that you take part in the opportunities surrounding you and will be able to look back favorably on your experiences here at UMMC. And if the ASB has impacted that favorably in any way, then we’re doing our job right. If you know of anything that can help or if you want to contribute in any way, please don’t hesitate to contact any of us.

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Secretary: Kelly D. Pippin KDPippin@umc.edu
Treasurer: George M. Henry ghenry@umc.edu
Philanthropy: Erin R Taylor - tertaylor@umc.edu
Intramurals: Carson A. Kisner - ckisner@umc.edu
SCC: Thomas T. Wood - ttwood@umc.edu

Brad Deere
ASB President

The Jackson Insider

An Evening with Keller Williams & More Than a Little Duling Hall March 5 @ 9 p.m.

Keller Williams in a multi-genre musician who plays a multitude of instruments, including a funk set with More Than A Little. This is guaranteed to be a great show. Doors will open at 7:30 p.m. For more ticket information, check out ardenland.net.

Zoo Day Jackson Zoo March 8 from 10 a.m. to 1 p.m.

This annual event kicks off to the spring season with fun activities, space jumps, live performances, face painting, and more. Admission to the zoo will be regular price, so come get your face painted, eat some fried food, and yell at the lions like a real American should.

Mal’s St. Paddy’s Parade Downtown Jackson March 15 @ 1 p.m.

In my opinion, this is the best event in Jackson every year. What began in 1983 in Downtown Jackson has now grown into one of the largest St. Paddy’s Day parades in the nation. Dress up in as much green as possible and come celebrate. For those that enjoy the act of running and waking up early on a nice Saturday, there is a pre-parade race at 8:00 a.m. at the Jackson Convention Complex.

Zippity Doo Dah Weekend Fondren March 21 - 22

Fondren will present the 4th annual Zippity Doo Dah Weekend March 21 and 22, honoring Vietnam Veterans and raising money for Friends of Children’s Hospital.

Activities begin with Dancing in the Streets on Duling Avenue on Friday night and conclude on Saturday with a “Welcome Home, Vietnam Veterans” nighttime, patriotic parade throughout Fondren’s historic business district. The parade will feature the “world-famous” Sweet Potato Queens.

Color Me Rad 5K Mississippi Veterans Memorial Stadium March 22 @ 9 a.m.

Color Me Rad 5K takes place in the historic Fondren District as part of Fondren’s Zippity Doo Dah Weekend benefiting the Friends of Children’s Hospital, the fundraising arm for Blair Batson Children’s Hospital. Come help support our Children’s Hospital while throwing copious amounts of a paint-like substance on your friends. I cannot imagine the paint making running any less miserable than it already is though. On the positive side, you can post all the post-race pictures to Facebook and Instagram like everyone else in America does.

Downtown Jazz Mississippi Museum of Art March 27 from 7 p.m. to 9 p.m.

Downtown Jazz features performances by local and regional Jazz and Blues musicians in the Museum one Thursday each month. Enjoy live music in the presence of amazing art. Cost: $9 nonmembers, free for members, cash bar.

By Eric Holland, M4

Put our card in your wallet... ...and keep money in your pocket!

GREAT FOR...
• Grabbing a pizza to bring back to the dorm
• Study dates with coffee and a sandwich
• Ice cream treat
• Weekend breakfast away from the cafeteria
• Enjoying music with friends on the P&F patio
• Sharing with a friend!

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Thomas T. Wood - ttwood@umc.edu
Sometimes I get asked by strangers if I know the gospel. Maybe this has happened to you, probably at an inopportune moment, like on your front doorstep at 7:30am on a Saturday. When I ask what this stranger means by “the gospel” though, I get a wide variety of answers, almost as many answers as there are strangers asking if I know the gospel.

You’d think that Christians would be able to find some common ground when it comes to “the gospel” – what any Christian will tell you is the heart and soul of the faith. If you got a hundred different Christians in a room, you might get a hundred gospels. Some would say it’s about getting saved or confessing Jesus Christ as your personal Lord and Savior (which, they’ll tell you, isn’t always the same thing). One person would pipe up and say it has something to do with being baptized. Then someone else would propose that you need the Holy Spirit to manifest itself in your life. Some would say you have to become a disciple or believe in one of the traditional creeds of the church or say a certain type of prayer to invite Jesus in your heart. Others that it’s simply about loving God and neighbor. A few would chime in saying the gospel has little to do with your choices; it’s about whether God chooses to save you, and there’s nothing you can do to change it. Someone would probably note that there are four different books we call gospels in the Bible. But are each of them the gospel? Is the gospel always that long, because that would be no fun to recite to someone? Then someone would get tired of the conversation and say it’s all summed up in John 3: 16. And so forth and so on.

So which one of these gospels is the real gospel? All of them? A diversity of language about the gospel isn’t necessarily a bad thing. In fact, it seems to me a testament to the Bible, but the best picture we get is at the end of the apocalyptic book of Revelation (don’t worry, I’m not going to get crazy on you and start talking horsemen and anti-Christ). At the end of Revelation, we get a picture of a “new heavens and a new earth,” that is, a place where “thy will be done, on earth as it is in heaven” finally comes to fruition. And what does that kingdom look like? Well, one of the first things we notice is that there is a river. And a tree – the tree of life, which we haven’t heard about since Adam and Eve got their eviction notice in Genesis. But in Revelation, everyone eats from this tree. And there’s enough that no one ever goes hungry or thirsty again, so – no more poverty and no more injustice. And the leaves of that tree are useful “for the healing of the nations.” So – no more fighting, no more violence. And because the new heavens and new earth isn’t just about a people, but also a physical place, no more environmental devastation. More than that, God promises to “wipe every tear from their eyes, and death shall be no more, neither shall there be mourning, nor pain anymore, for the former things have passed away.” So – no more sickness of any kind, no more hurting another one, no more grieving, no more dying. Revelation also tells us that gathered there is “a great multitude of people, from every nation, from all tribes and peoples and languages” – so no more discrimination, no more xenophobia, no more hating anyone, no more neglecting anyone. And in that kingdom, they don’t even need a sun anymore because God’s very presence with the people provides enough energy to light up the whole world. So – no more loneliness, no more meaninglessness because the very one who made us and knows us better than anyone is there among us. Citizens there are present with the source of all truth (no more ignorance, no more deceit) and the foundation of everything that is good (no more wrongdoing). So the kingdom of God looks a bit like this:

Jesus’ death is important in that it mends what was a broken bond with God, but his death is only the preview to life – deep and true and whole. His life, death, and resurrection are the inauguration of the kingdom of God. And all its goodness, as the apostle Paul notes in his letters, arrives in Jesus and through Jesus. When I have a picture like that in my head, it makes that other word in Jesus’ gospel, the one I don’t like very much – repent – all the easier to do. Jesus painted the picture of the kingdom of heaven. My repentant response – although it’s often more challenging than I want to admit – is to live more each day in this present kingdom like we’ll live in that kingdom. And what I love about being in the medical world is that for all of us in the business of healing, the very nature of our work sets us up beautifully to be part of the gospel of the kingdom of God.

The Lord be with you.

M1 Ben Carroll (bcarroll@umc.edu) is a former Associate Pastor at St. Luke’s UMC in Fondren. He helps coordinate the M1 Bible Study, which meets over free lunch most Fridays at noon in CW213 and, despite what its name suggests, is open to everyone regardless of school, graduation year, job, or tax bracket.

What do you want in a teacher?


The Medical Center, with the generous support of Regions Bank, is asking for your input to select the one faculty member on our campus who best exemplifies our collective vision of excellence in a health science educator. That input will help identify the 2014 Regions Bank T.E.A.C.H. (Toward Educational Advancement in Care and Health) Prize awardee.

The genesis of the award sprang from an appreciation that there was no unifying venue to identify or reward Medical Center faculty who excelled in the education enterprise. What we did have were school-specific processes that provided name recognition to groups of superior teachers. For example, the Carl G. Evers, MD Society in the School of Medicine and the John Hembree Society in the School of Dentistry establish criteria and solicit student votes to select small groups of superior faculty for honorable mention. Other schools also identify superior teaching efforts. However, the criteria for which faculty are recognized remain disparate among the schools.

In 2006 the Norman C. Nelson Order of Teaching Excellence was created to begin a campus-wide faculty recognition process. The Nelson Order accepts nominations for faculty who have been identified by students in each school as having outstanding teaching qualities. For this year, a total of 20 faculty across all six Medical Center schools will be selected as the 2014 Nelson Order inductees. Each of these individuals is honored at a luncheon in May and receives a Nelson Order-imprinted stole to wear at Commencement, where they are recognized publicly.

Each school will engage student input to select a group of Nelson Order awardees, 20 in all. These individual’s names will then be presented to the faculty who will provide feedback to the dean of each school, each of whom will identify one faculty member as a finalist for the Regions Bank T.E.A.C.H. Prize (six total). The Medical Center Faculty Development Committee and the officers of the Associated Student Body will review a statement of teaching philosophy from these six finalists, along with their curriculum vitae. A vote of this group will determine the winner of the 2014 Regions Bank T.E.A.C.H. Prize.

The Nelson Order recipients and the T.E.A.C.H. Prize winner will be announced at a luncheon scheduled for Monday, May 12, 2014. All recipients will be honored publicly at the May 23 commencement ceremonies.

Remember. It starts with you.

Be sure to recommend a nominee you feel best meets the criteria for the Nelson Order and the Regions Bank T.E.A.C.H. Prize at www.umc.edu/TEACH.
Salvation Army Fundraiser
Hosted by The School of Graduate Studies

The Salvation Army location on Beasley Road recently burned, so the School of Graduate Studies adopted this facility as a mission to restock the facility to provide for local Jackson residents in need. This campus-wide collection of books, toys, dishes, clothes, appliances, furniture, and more brought in thousands of items to donate to the Salvation Army. As a School Cup event, each of the six UMMC schools competed against each other to see who could donate the most items per capita for their number of students.

Here are the results of the collections:
First Place: School of Graduate Studies - 1702 points
Second Place: School of Medicine - 830 points
Third Place: School of Nursing - 673 points
Fourth Place: School of Health Related Professions - 541 points
Fifth Place: School of Pharmacy - 34 points
Sixth Place: School of Denistry - 8 points

Assembling, collecting, sorting, and counting!

“A look at some of the collections!”

“Thanks to all who gave generously to the Salvation Army. As a campus, we donated thousands of items, including clothing, toys, bikes, dishes, and books. We know that the Salvation Army appreciated our contributions as they try to rebuild their facility.”

Peter Mittwede
President, School of Graduate Studies

OT Class of 2015 Presents
BREAKFAST AT TIFFANY’S

The UMMC Alliance is comprised of volunteers, who raise support for the University Hospital and its operations, promoting goodwill and meeting patient care needs. The Occupational Therapy Class of 2015 hosted a booth at the Taste of the U, an annual fundraiser for the UMMC Alliance.

The theme of the OT class’s booth was “Breakfast at Tiffany’s,” and they served pancakes with syrup, sausage, orange juice, and coffee. Check out the photos below to see what a great job the OT students did at Taste of the U!

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Living, Learning, Loving with Lung Cancer

UMMC alumnus Ned Wikle has a unique story to share with his Jackson UMMC family. Wikle, a 2008 graduate of the UMMC School of Dentistry and now an endodontics resident at the University of Alabama at Birmingham, was diagnosed in December 2013 with Stage 4 lung cancer. At age 38, this husband and father of two children ages 3 years and 15 months has touched lives across the country.

After a persistent cough, Ned finally sought medical attention. After his shocking diagnosis two months ago, the Wikle family moved back to his hometown of Tupelo, where his family could help and support them. Only weeks later in January, Wikle’s wife gave birth to their third child. Now with three kids ages three and under, Ned resumed his training at UAB, still dealing with a mainly private battle of late-stage lung cancer.

Until LAST WEEK, that is....

A viral Tweet, Instagram craze, and media sensation, Wikle’s story became all the rage across the nation after A.J. Fennell, a student in the UAB School of Dentistry, who has spearheaded fundraising efforts for Wikle.

“IT’s a God thing, for sure.”

“When you’re looking at a diagnosis like this, you’ve got your faith, your family, you’ve got fight. UAB is in my family too.”

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MARK YOUR CALENDARS!
March 2014

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Intramurals Inbox

Current Sports:
- Kickball starting soon!
- Frisbee Football starting soon!

Visit the intramurals website to sign up:
http://www.umc.edu/asb/
and click on Intramurals on the left side.

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Contact:
Carson Kisner, Intramurals Chairman at ckisner@umc.edu with questions or for more information!
**THE DISH**

Breakfast is one of my favorite meals of the day, with lunch and dinner being close seconds. ;-) I mean who doesn’t love a meal where you have a valid excuse to eat dessert?! It’s pretty incredible. The only problem with sugary sweets for breakfast is that you’ll be hungry again within the hour. This month, though, I have a recipe that will satisfy your sweet tooth and fill you up until noon. Guaranteed. It’s good ol’ fashion Sweet Rice Porridge. It’s incredible, super easy, and chocked full of protein, so you won’t be hungry for hours. It’s also really healthy and very versatile. If you have a little left over rice from dinner, please try making this the next morning for breakfast. It takes 15 minutes from start to finish, and you’ll be so glad you did :)

Source: [http://feedzonecookbook.files.wordpress.com/2012/01/feedzonecookbook_sweetriceporridge.pdf](http://feedzonecookbook.files.wordpress.com/2012/01/feedzonecookbook_sweetriceporridge.pdf)

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**Sweet Rice Porridge**

**Ingredients:**
- 1½ cups milk
- 1 egg yolk
- 1 cup cooked rice (any rice will work, but personally I prefer Jasmine rice)
- 1 ripe banana, sliced
- 1 teaspoon vanilla extract
- 2 tablespoons brown sugar
- dash each of salt and ground cinnamon
- fresh berries and chopped pecans (or walnuts)

**Instructions:**
1. Whisk together milk and egg yolk in a medium pot and heat gently.
2. Add the cooked rice, banana, vanilla, brown sugar, salt, and cinnamon.
3. Cook and stir for 5-10 minutes until mixture comes to a gentle boil and it reaches the consistency that you desire.
4. Transfer to a bowl or plate and top with fresh berries and chopped pecans.

It’s that easy! As far as the toppings are concerned, you can certainly substitute anything you want in the place of berries and pecans. If you want chocolate chips, add that, if you want peanut butter all the better, and if you don’t like any of the above, just eat it plain. This dish is seriously good any and all ways. So have fun with it, and please make it if you happen to stumble upon some left over rice. You won’t be sorry. As always, if you have any questions or comments, please don’t hesitate to send me an e-mail. Happy March everyone!

~Mina :)

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**THE UNIVERSITY OF MISSISSIPPI MEDICAL CENTER**

TOMORROW HOLDS HOPE. As Mississippi’s only Academic Medical Center, we’re shaping a healthier future for every Mississippian. From HIV to heart disease, we’re pursuing potential cures, treatments and understanding of the health issues that impact us most. And delivering hope today through services like the state’s only transplant program, only children’s hospital and the state’s most comprehensive telehealth network. We believe in tomorrow. Because we see it today.

**Tomorrow. Every day.**
Houston, Miss native Shaquille Vance thought his days of excelling at sports might be over after a 2009 sports injury forced an above-the-knee amputation of his right leg.

His athletic career began anew when Methodist Orthotics & Prosthetics custom built a hi-tech prosthetic running leg centered around a carbon-fiber blade known as a “cheetah” foot. And their continued support helped him make the 2012 U.S. Paralympic Team as a track and field competitor.

“This has really been a blessing for me,” Vance said. “I wouldn’t be where I am right now without Methodist Rehab. They did a lot for me.”

Vance has surpassed everyone’s expectations. He took silver in the Men’s 200-meter T42 race at the London Paralympics, the first shining achievement in what is sure to be an amazing career.

Back at home in Mississippi, Vance’s accomplishments are inspiring others and garnering awareness for athletes with disabilities.

“I love being able to inspire the kids to know that life comes with a lot of difficult obstacles, but there is always a way to overcome,” Vance said.