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*Based on dollar amount on regular SBA loans.

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Asclepius and Caduceus are two commonly seen symbols in the medical field and each is often said to be “the Symbol of Medicine.” So which one is correct? Well, the majority opinion is that the snake is a symbol of Asclepius, but many medical organizations have adopted the caduceus including the Medical Department of the United States Army in 1902.

The Staff of Asclepius is the single serpent around the staff that belonged to the god of healing Asclepius, son of Apollo. It potentially has another origin given that its appearance resembles a common treatment for the filarial worm Dracunculus Medinensis. To treat this condition, physicians would make a cut in a patient’s skin in the path of the worm and place a rod so that the worm crawled onto the stick. As the worm continued along its path, the physician would wrap it around the stick giving it the appearance of a coiled snake around a stick.

The Caduceus is the symbol of the messenger of the gods Hermes. Its use in medicine probably relates to Hermes association with Alchemy. Hermes was also the god of commerce and his staff may have been a printing mark used by early “pharmaceutical” groups. Its use in medicine probably relates to Hermes association with Hermes association with medicine, physicians would make a cut in a patient’s skin in the path of the worm and place a rod so that the worm crawled onto the stick. As the worm continued along its path, the physician would wrap it around the stick giving it the appearance of a coiled snake around a stick.

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“..."
The Student American Dental Hygiene Association donated over 350 oral hygiene items to the OT class who participated in the annual Project Service Connect Homeless Fair on September 18, 2012. The OT class distributed the donated dental hygiene supplies, along with other toiletries and healthy snacks, to homeless individuals in the Jackson area.

On October 27, 2012 there will be a walk to benefit breast cancer research. The event is called Making Strides. In honor of Dr. Linda Barkett, the School of Dental Hygiene has started a team. Our team is called Passion for Prevention. We invite all of you to participate in the walk and/or make a donation. We feel very strongly that ALL of us need to have "PASSION FOR PREVENTION" so that no one has to lose the cancer battle.

To sign up or make a donation go to the link http://makingstrides.acsevents.org and look for the team Passion for Prevention.

Also, the dental hygiene students are selling t-shirts, and the proceeds will be equally divided between: Baptist Oncology, Batson Peds Oncology, and The American Cancer Society. The Passion for Prevention "team" will be selling wrist bands "Faith, Hope, Love" on 10-27-2012.

Short Sleeve T-shirts - $18 ($1 extra for 2X and 3X)
Long Sleeve T-shirts - $20 ($1 extra for 2X and 3X)
Wrist bands - $2

This is the first SADHA meeting where all the Juniors and Seniors of the DH class finally meet and greet one another.

Kelsey Simmons, president of SADHA, educate the juniors and seniors of the Dental Hygiene Program what ADHA is and how they function.

On a lighter note, our class is never all work and no play. For one, we have a good flag football team going in intramural sports named Gilliland’s Island, named for their fearless leader and fellow M2, Ben Gilliland. Don’t be fooled by the name—they are a tough group! In the community service arena, many members of our class, led by our Class Healthcare Chair Brooke Harris, have traveled to the Mississippi Delta to participate in the Mercy Delta Express Project, where they did physicals on young children and taught them about healthy habits.

Summer has ended, and fall is upon us, and school is in FULL swing for the M2 class! We are coming off of our first “test week,” aka. 5 low-sleep nights, plenty of caffeine (5-Hour Energy, Red Bull, Mountain Dew, coffee—pick your poison), and the after-effect of being totally brain-dead! Nonetheless, it is in the books, and we know well either what to do the same, what to do better, and most of all, what to dread come the week of October 29, when we do it all over again. On a lighter note, our class is never all work and no play. For one, we have a good flag football team going in intramural sports named Gilliland Island, named for their fearless leader and fellow M2, Ben Gilliland. Don’t be fooled by the name—they are a tough group! In the community service arena, many members of our class, led by our Class Healthcare Chair Brooke Harris, have traveled to the Mississippi Delta to participate in the Mercy Delta Express Project, where they did physicals on young children and taught them about healthy habits.

Last, but definitely not least, our Ready, Set, Glow! 5K was a huge success! Thank you to everyone who came that night and supported us. If you did, you know that it not only rained, but we got a small monsoon that night. Nonetheless, we still had between 400 and 500 registered race participants! Congratulations to Chad Berry for being the Overall Male Winner (time: 18:17) and Anna Gay for being the Overall Female Winner (time: 19:43)! Best of all, we raised about $9,000 to go to the Jackson Free Clinic and the SOM Class of 2015. Check out the pictures (taken before the monsoon came upon us!) This race was only possible with the hard work of many people in our class, and here are a few: Kelly Doremus, Zach Pippin, Billy Jefferson, John Bridges, Anna Pavlov, and the entire committee that worked to make this event happen. A GREAT BIG THANK YOU to everyone who helped make this 5K successful! Finally, here is a list of our many great sponsors:

- Rod’s Racers
- Stinky Feet Athletics
- Mississippi Army National Guard
- America’s Navy
- DisposAll
- Vieux Carre Apartment Homes
- Peppermill Apartments
- Heritage Properties
- Fondren Hill Apartments
- Chick-Fil-A
- Smoothie King
- Subway
- Courthouse Racquet and Fitness
- Richard Schwartz
- Blue Sky Aviation
- The National Children’s Study AND Our very own Dr. Jerry Clark, Dean for Student Affairs in the School of Medicine

I think that is all I have for now. I hope everyone is indulging football season, getting outside to enjoy the great fall weather, and doing a little bit of studying in between. Have a great October!

Jennie Thomas, M2
OT3’s in the community

As we find ourselves in the midst of October, the weather is getting colder, and the leaves are beginning to change. The OT3 class is back from their first clinical rotation, and it’s also about applying our knowledge to help in the community. The OT3 class and OT faculty, Penny Rog, spent the morning of September 18 providing donations. We were fortunate enough to even have fresh fruit to give to those visiting our booth at the fair. In all, the event was a success and example of bridging the gap between the classroom and the community.

-Brynn Corbello, OTS3

If you’ve noticed a new group of students around the UMMC campus lately, they might just be PA students! Mississippi College is now home of the only Physician Assistant Program in the state, and has been fortunate to collaborate with UMMC in both didactic and clinical learning experiences.

First-year students in the Mississippi College Physician Assistant Program attend classes held in the School of Medicine with physician guest lecturers from the UMMC system. In addition, second-year students (the inaugural class) began clinical rotations in late August and are dispersed throughout the UMMC system as well as other clinical sites throughout the state. So who are these physician assistant (PA) students and what can they actually do once earning their Master of Science in Medicine (MSM)?

Physician Assistants are health professionals who practice medicine as members of a team with supervising physicians. PAs deliver a broad range of medical and surgical services to diverse populations in rural and urban settings. As part of their comprehensive responsibilities, they conduct physical exams, diagnose and treat illnesses, order and interpret tests, counsel on preventive health care, assist in surgery, and prescribe medications. Because of their close working relationship with physicians, PAs are educated in the medical model designed to complement physician training. Upon graduation, they take a national certification examination developed by the National Commission on Certification of Physician Assistants (NCCPA).

Over 100,000 PAs practice and prescribe medications in all 50 states and the District of Columbia. In April 2000, the Mississippi legislature signed the PA Practice Act granting licensure privileges in the state. Currently there are less than 100 PAs practicing in Mississippi. In celebration of National PA Week (October 6-12), Mississippi College PA students have not only given back to the Jackson Metro area through service projects but have also made a concerted effort to increase awareness of the profession. As the field expands within our state, we want to let our fellow health professionals know that we are strongly committed to working with you as a member of the healthcare team.

Anny Guthrie Dykes, MSPAS, PA-C
Assistant Professor
Director of Pre-Clinical Education
Department of Physician Assistant Studies
Mississippi College

July 31, 2012
This July, a classmate and I were presented with an opportunity to spend a week in Honduras with Salt & Light Ministries running the pharmacy portion of a medical brigade. Our medical team was made up of three physicians—all retired and in their 80’s—each one contributing something unique to the team dynamic. One of the physicians dated himself by telling lively, unrivaled stories about his adolescence during the Great Depression. By the end of the week, I came to understand that most everything he told us was probably a joke and not a real story. All three men had a common goal: to serve the people of Central Honduras, something they have chosen to do year-after-year. As fourth-year pharmacy students, Amanda Johnson (partner in crime) and I held down the fort in the pharmacy, which we usually set up in the pueblo’s schoolhouse or church building. Amanda thrived in problem-solving, as one can imagine the limited inventory available at times, and I picked up some of the slack by directly communicating with the patients through my SSL (Spanish as a Second Language) skills. We also had invaluable help in the pharmacy from volunteers who organized, pre-packaged medicine, and administered liquid anti-parasitic medications to kids (a task best-suited for those who enjoy children screaming and spitting ‘motor oil’ in their faces, as Amanda describes it). Of course, one of the most crucial components of our team was the group of interpreters. The same interpreters accompanied each doctor throughout the week, with two helping in the pharmacy (in case my SSL got me into a jam). In total during the week we were able to see over 530 patients, counseling and dispensing medications to each one after being assessed by the physicians. The week was full of challenges, rewards, and a host of opportunities for growth. To the young aspiring healthcare professionals who may have a similar opportunity in the future: I urge you to take it. There is no better way to spend your time than to share with the world all of the knowledge and skills that have been entrusted to you throughout your education. And the grateful kisses you get from Honduran grandmothers as you send them home with a little Tylenol® and some antihypertensive medicine are worth more than even a July frolic on the beach in Destin. It can almost guarantee it.

By Lindsay Hieser, PY4
If you have been wondering what the School of Nursing has been up to, I am sure you can guess. Yes, it would be school, school and more school. With tests and hours of studying being a top priority for most students here at UMMC, it’s a hard task to find some time to focus on anything else. But thanks to many students and members of the Nursing Student Body, we have found many opportunities to give back to the community, as well as ways to help each other with the many things we face in school. The things many students have participated in include a community service program called “Love Packs,” a mentor program called “Big Nurse/ Little Nurse,” and lastly, the Jackson Metro Area Heart Walk.

“Love Packs” is a program that was created by Catherine Figueroa, a student at the School of Nursing, as well as the Director of Breakthrough to Nursing with the Mississippi Association of Student Nurses (MASN). This program is used as a way to promote healthier choices for our children’s future and promote a stronger future in the nursing career. As students at the School of Nursing, we have contributed to this great program by bringing various goods to facilitate better lifestyle choices made by students. After the supplies were collected, they were placed in packs and distributed by the board of the MASN to approximately 200 students attending Cypress Park Elementary School in Cleveland, MS. Upon the success of this program the School of Nursing looks forward to helping the MASN and more schools around Mississippi with the contribution of “Love Packs.”

Also, during this past summer, the Nursing Student Body proposed a mentor program uniting the junior and senior classes. This program was deemed the name “Big Nurse/ Little Nurse.” One senior student was assigned to one junior student. The mission of the partnership program is to establish relationships between nursing students, as well as to help promote intellectual growth, enhance development of skills and knowledge through tutoring, and provide support. The buddy reveal was held on September 10, 2012 in the Nursing School lobby. Beforehand, the classes were split into separate rooms in which their mentor was revealed. Once each student was paired, everyone gathered in the lobby for an ice cream social to meet and greet their new buddy.

Lastly, the School of Nursing participated in the Jackson Metro Area Heart walk on September 30, 2012. The School of Nursing met and exceeded their goal of 50 members with a total of 119 members that participated. Also, the School of Nursing was the largest team to walk in the event and raised approximately $1,700 to be given the American Heart Association.

If you can’t tell, the School of Nursing has been up to a lot these few weeks. We are thriving inside the school and outside in the community. We look forward to more opportunities such as these to come our way so that we are able to help out as much as possible.
1. Where was the Caesar salad first created?
2. What is Barbie’s full name?
3. Where does the word “pixel” come from?
4. Who is the only author to have a book in every Dewey-decimal category?
5. What was the profession of Charlie Brown’s father?

trivia.

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4. Who is the only author to have a book in every Dewey-decimal category?
5. What was the profession of Charlie Brown’s father?

haikus.

by alex dent.

ON THE OCCASION OF
STAYING UP LATE TO
STUDY
Studying, I learned
how bad it is not to sleep.
It was three AM.

ON THE OCCASION OF
OVERSLEEPING OR RAIN
The parking garage
is for patients and families...
until I am late.

now that’s interesting.

Mosquitoes are attracted to the color blue twice as much as to any other color.

If one places a tiny amount of liquor on a scorpion, it will instantly go mad and sting itself to death.

The outdoor temperature can be estimated to within several degrees by timing the chirps of a cricket. It is done this way: count the number of chirps in a 15-second period, and add 37 to the total. The result will be very close to the actual Fahrenheit temperature. This formula, however, only works in warm weather. (Try it!)

In the United States, a pound of potato chips cost two hundred times more than a pound of potatoes...

A raisin dropped in a glass of fresh champagne will bounce up and down continually from the bottom of the glass to the top.

You burn more calories sleeping than you do watching television.

The two longest one-syllable words in the English language is “screeched” and “strengths.”

All of the clocks in Pulp Fiction are stuck on 4:20.

“Dreamt” is the only English word that ends in the letters “mt”.

The word ‘byte’ is a contraction of ‘by eight.’

The first Ford cars had Dodge engines.
Hello again everyone! I hope a few of you out there checked out some new music last month and are back for more suggestions. If you missed the last article, my name is Erin and I will be sharing some of my favorite new records, songs, and shows. I don’t listen to the radio or keep up with charts; I just listen to what I like. I hope you like it, too!

**Must Listen Albums**

Let me first say, that September was a phenomenal month for music—it was for me, at least. Some of my all-time favorite bands put out new albums, so trust me when I say that I have been wearing these records out. That being said, let’s skip the playlist this month and get straight to the album reviews.

**The Avett Brothers – The Carpenter**

Anyone who knows me is probably not in the least bit surprised that this is the first record I want to talk about. I have loved the Avett Brothers since *The Gleam* albums back in the day (if that reference makes sense to you, add me on facebook. No joke). Their last album *I and Love and You*, along with a nonstop tour schedule that is very festival heavy have brought them tremendous acclaim and success. In my opinion, you won’t find anyone who deserves it more. *The Carpenter* is album that explores deeper themes and louder melodies but still boasts the sincerity and harmony that have come to be signatures for the band. The song “Paul Newman vs. the Demons” is a marked departure from their prototypical track (something more like “Down With The Shine”) with electric guitars and beefed up percussion. But the album also has songs like “A Father’s First Spring” that remind you that these guys have big hearts and can play the heck out of a love song. Check it out. You won’t be disappointed.

**Band of Horses – Mirage Rock**

I finally, finally, FINALLY got to see these guys play at Deluna Fest in Pensacola, Florida a few weeks ago. It was a pretty small festival, but I still skipped a show or two and fought the crowd to squeeze even closer to the front. It was worth it. They played quite a few songs off this new record Mirage Rock, so having heard it live and recorded, I must say that I am a big fan. Granted, it sounds pretty different than their previous efforts. The vocal emphasis has changed and, as the name implies, there is much more rock. I’ll admit that I was a huge fan of the old school BOH that was heavy on the harmonies and acoustic rhythms. One girl that I talked to at their show felt the same way and didn’t like the new direction the band was taking. But after watching the show (during which the lead singer smoked a cigarette during a song he didn’t need to play guitar on), I got the impression that this music may be different, but it is still true to form. If anything, it might be truer! As fans, we should appreciate that.

**Mumford and Sons – Babel**

This album has literally all of my favorite things in music: acoustic guitars, banjos, epic arrangements, and great lyrics. But if you’ve ever listened to Mumford and Sons, you know that those things are just part of the package. This band has an unmistakable sound, which is a double-edged sword in my opinion. Some of the songs tend to run together, but there are definitely a few stand-out tracks on this record. One of my personal favorites was a cover they featured as a bonus track “The Boxer.” This is one of my favorite Simon and Garfunkle songs anyway, so the addition of Mumford and Jerry Douglas (one of the best dobro players of all time) was just icing on the cake. “I Will Wait” and the title-track “Babel” are good ones to check out if you’re on the fence about these guys.

**Other Albums Worth Checking Out...**

**Dave Matthews Band – Away From the World**

DMB is finally back in the studio with Steve Lillywhite who produces their latest album (as well as all the ones I was obsessed with back in high school). It sounds like the Dave I have been missing since then.

**Japandroids – Celebration Rock**

This album brings a lot more rock to the table, as the name implies. I decided any male readers out there might get bored with the folk stuff. So boys (and girls and especially any Pixies fans), try out this garage rock band the Japandroids.

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**Must See It Live**

- **FRI Oct 12** Charlie Mars Band @ Duling Hall (7:30 – 10:30pm)
- **SUN Oct 14** Henry Rollins “Capitalism” @ Duling Hall (8pm – 11pm)
- **TUES Oct 16** Melvins Lite with Tweak Bird @ Duling Hall (7:30pm – 10:30pm)
- **THUR Oct 18** Mickey and the Motorcars @ Hal and Mal’s (7:30pm – 10:30pm)
- **WED Oct 24** Frontier Ruckus with Shovels and Rope @ Hal and Mal’s (7:30pm – 10:30pm)
- **THUR Oct 25** Robert Earl Keen @ Hal and Mal’s (7:30pm – 10:30pm)
If you would like to contribute to the November issue of the Murmur, you should totally go for it! Send all touching holiday stories, artsy pics, football news, election coverage, fearless poetry, rants (polite ones only) and more to mcstone@umc.edu by October 25th!

Mary Catherine Stone is a D4. She enjoys pumpkin patches, plaid shirts, and being cozy. Her greatest ambition is to live in the moment and be content. Also to become a professional wedding singer.

Well, everyone...it appears as though this fall semester may have reached its pinnacle of destruction. Or maybe it will just get worse until Christmas? What an exciting adventure we’re on! I love it. That’s a lie. I don’t love it. Sorry, UMMC. We can still be friends.

I like to keep my outside-of-school life well-supplied, and was provided with a documentary a few days ago that helped me do so. The Devil and Daniel Johnston features a musician/amateur filmmaker/artist who suffered from manic depression, and created a major portion of his work while under the influence of a mental breakdown. His music reflects the paranoia and delusions he suffered, but even more, they carry a sort of rawness with them that is utterly perplexing and unique. Daniel Johnston is unable to recognize normal social queues; we base our communication with others on our own thoughts as well as on the response we expect. Johnston, on the other hand, expresses nothing for others’ benefit…he has only himself, and the result is an honest, pure quality of art that transcends what most “normal” people are able to create. Wouldn’t that be nice, sometimes? So much of our expression revolves around other people that the root of what we’re trying to stay gets lost on its way out. I am the queen of subconsciously manipulating my words in order to receive the most favorable response I can. I’m sure this notion reflects some incredible self-absorption, but think of how freeing it would be to say whatever you’re feeling, no matter how personal or offensive or awkward it is.

Accurate communication is an innate desire in all of us; one of our greatest avoidances is to be misunderstood. I can’t imagine what it would be like to not have a voice of some sort. I lived somewhere for a couple of months that had very few English-speaking residents, and the effort it took to communicate was extremely stressful; I resorted to all sorts of hand motions and facial expressions to get my point across as best I could. Right now, my poor mother has been put on complete vocal rest and can’t speak or whisper…she now carries a notepad with her wherever she goes and can be seen scribbling furiously on it at all times. Good, accurate communication is something we all desire, but can’t fully give because we can never know that we will be completely understood. When Daniel Johnston expresses himself, he does so without that restraint…and yes, many things that he says are very personal and offensive and awkward, but they also reach straight into the core of his audience and touch what most people are afraid to admit they contain. Those who listen to Daniel Johnston, who is utterly unrelatable in almost every way socially and emotionally, are able to connect with his words, and know his feelings, and gain insight into his very essence. Honesty is a powerful thing when it’s real, and when it isn’t clouded with self-importance.

I will let you draw your own conclusions from that one. Happy October, everyone, and I’ll see you next month!

Listening to: “For Those Below (Bonus Track)” – Mumford & Sons
Watching: The Devil and Daniel Johnston
Quoting: “You will find that it is necessary to let things go; simply for the reason that they are heavy.” – C. Joybell C.
Reading: Mosby’s Review for the NBDE Part II
Challenged by: Luke 6.45
Encouraged by: 2 Thessalonians 3.16
Thinking: I’m thankful.
Wishing: Christmas would come sooner. Halloween is great and all, but...
When Michael Shelby suffered a spinal cord injury, trauma surgeons gave the athletic teen dire news. “I was told I would never walk again—I would never move again, probably,” he said.

But it was a different story at Methodist Rehabilitation Center in Jackson, Miss, where an experienced medical team worked with the hospital’s in-house researchers to expertly evaluate Michael’s potential. Their comprehensive assessment revealed Michael had the capacity to regain function and gave his rehabilitation team the knowledge to craft a successful treatment plan.

On graduation day, Michael walked with the rest of the Mendenhall High School Class of 2012. Now he’s college-bound and wants to become a physical therapist.

“Having to go through what I went through, being at Methodist was just a really good experience,” he said. “In some ways, I wish it wouldn’t have happened, but I’m glad it did because it got me closer to God.”

Now I can... walk with my peers

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