Message from the Chair

Dear Colleagues,

Well, we appear to have survived the “big bang” with a few wounds but no mortal injuries reported as of yet! Thank you for your willingness to learn new ways of doing things and for embracing the opportunity to work together as we have struggled with a major clinical practice shift for our institution. I know the bugs are far from being worked out, but I will be depending on each of you to help identify on-going problems and work with DIS to find solutions. Please complete the quick EPIC departmental survey if you received it. This information will help us prioritize patient care/safety issues, physician and patient satisfaction issues, and on-going hardware problems.

As the end of academic year 2011-2012 comes to a close, I hope you will find time to reflect on the good things you have done this year. Think about the patient lives you may have improved or saved (literally), the students, residents, or fellows you may have inspired through your (good) example, clinical, translational, or basic science questions you may have helped answer, and hopefully the things you have personally learned and ways you have personally grown over the last twelve months. When asked by intern candidates “what one word would you use to describe the Department of Medicine at UMMC,” I almost always use the word “dynamic.” Webster would say this means we are “characterized by energy and effective action.” We are a group of committed people who come to work every day planning to make a difference for someone else and something bigger than ourselves. Each day is different. Challenges may be new, but we strive daily to have better, more creative solutions.

Thank you for all you have done over this past year and for the enthusiasm with which you embrace the future. Bring on 2012-2013!  

Shirley

Tuesday Chairs’ Conference

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<th>July 3</th>
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Dr. Schlessinger’s Quote

“Seek first to understand, then to be understood.”.  
Steven Covey (7 Habits)
1. A 52-year-old woman undergoes evaluation for a recent abnormality of the right breast discovered on routine mammography. Her aunt died of breast cancer at age 85 years, but there is no other family history of breast or ovarian cancer. The patient is otherwise healthy.

Physical examination, including examination of the breasts and axillary lymph nodes, is normal. The complete blood count, metabolic profile, liver chemistry tests, urinalysis, and chest radiograph are normal.

A radiographic-guided needle biopsy reveals invasive ductal adenocarcinoma. The patient undergoes resection of the tumor and a sentinel lymph node biopsy of the right axilla. On pathologic examination, a 1.2-cm invasive ductal adenocarcinoma with free margins is confirmed, and the lymph node reveals no metastases.

Which of the following will be most helpful in directing the approach to management of this patient?

A. Full right axillary lymph node dissection
B. Genetic testing for the BRCA1/2 mutation
C. Tumor estrogen and progesterone receptor assay
D. Whole-body positron-emission tomography

2. Seven years ago, a 45-year-old man was diagnosed with a biopsy-proven mediastinal germ cell tumor. The patient was treated with combination chemotherapy (bleomycin, etoposide, and cisplatin) and had a complete radiographic response. He has been disease-free since completing therapy, and follow-up serum tumor marker measurements, chest radiographs, and CT scans of the abdomen and pelvis have been normal.

Which of the following is the most appropriate management at this time?

A. Age- and sex-appropriate screening
B. Audiometry
C. Exercise stress test
D. Pulmonary function tests
E. Renal ultrasonography

3. A 36-year-old woman is evaluated 2 months after being diagnosed with breast cancer. Diagnostic mammogram and ultrasound confirmed the presence of a left breast mass, and a core biopsy revealed estrogen receptor–/progesterone receptor–negative invasive ductal carcinoma with HER2 overexpression. A 3-cm tumor and six positive lymph nodes were found on lumpectomy and axillary lymph node dissection.

The patient is otherwise healthy and takes only acetaminophen as needed for postsurgical pain.

Physical examination is normal except for the healing lumpectomy site.

In addition to adjuvant therapy followed by radiation therapy, which of the following is the most appropriate treatment?

A. Anastrozole
B. Bevacizumab
C. Tamoxifen
D. Trastuzumab
Division Focus: The Division of General Medicine

The Division of General Internal Medicine and the Division of Hypertension at the University of Mississippi Medical Center merged in 2004 to strengthen the clinical, administrative, and educational efforts of the two divisions. The division has an impressive faculty and administrative staff whose members provide leadership in the Department of Medicine and the Institution in many areas. These leadership areas are demonstrated below.

The Division has 14 Board Certified internists with large clinical practices located in the Pavilion Clinics, Grants Ferry, and the Hypertension Clinic on Lakeland Drive. Medical staff members include Drs. Jericho Bell, John Cross, Kimberly Harkins, Lynn Harkins, Zeb Henson, Swink Hicks, Michelle Horn, Terry Jackson, Harriet Jones, Linda Monroe, Jimmy Stewart, Iftekhar Ullah, Marion Wofford, and Dan Woodliff. The division also has six outstanding nurse practitioners (Angie Boileware, Bonnie Carminati, Christie Gandy, Kelly Land, Amanda Purser, and Sharon Wyatt) who assist physicians in triage and Primary Care activities. Dr. Calvin Thigpen will be joining Internal Medicine in July, 2012, and will be splitting his time between General Medicine and Oncology. Debbie Minor, PharmD, Sharon Wyatt, NP in the School of Nursing and Danny Riche, PharmD, in the School of Pharmacy also work in the division of Internal Medicine in various capacities.

In addition to providing primary care services, specialty care services include: wound care (Dr. Harriet Jones), sleep medicine (Dr. Ullah), hypertension management for adults and pediatrics (Drs. Wofford, Henson, Stewart and Kimberly Harkins), cardiometabolic and lipid disorders (Dr. Wofford and Danny Riche, PharmD, and diabetes group visits (Kelly Land and Bonnie Carminati, Certified Diabetes Educators).

The educational contributions by our faculty in General Internal Medicine/Hypertension are significant. Leadership roles are listed below. Additionally our faculty serve in numerous educational roles including Resident hospital-based rotations, Internal Medicine and Combined Medicine/Pediatric resident outpatient clinics, medical student preceptor programs, Introduction to Clinical Medicine preceptorships. Drs Kimberly Harkins, Jericho Bell, Swink Hicks and Lynn Harkins serve as preceptors to all Internal Medicine residents in their continuity of care clinics at the Jackson Medical Mall Federally Qualified Health Clinic (FQHC).

The division participates in research endeavors and scholarly activities including national presentations, editorial boards, student abstracts and posters. The faculty in the Hypertension clinic are involved in clinical trial research such as the NHIsponsored SPRINT study (Systolic Blood Pressure Intervention Trial). Their work in clinical trials has led to the Excellence in Research Award-Gold Level in 2011.

The administrative offices for this large division are located in the Office Annex 1, LD Building on Lakeland Drive and in the Clinical Sciences Building (6th floor). The division personnel that provide tremendous support to the division consist of 2 RNs, 2 LPNs, and 10 administrative staff in various capacities. Candice Adams, Supervisor of Business Operations and Dixie Myrick, Director of Primary Care Services oversees the many services and personnel of the Division.

Leadership roles in this division include:

**Institutional**

* Terry Jackson, MD  
  UP Ambulatory Operations Medical Director  
* Jimmy Stewart, MD  
  Introduction to Clinical Medicine, Program Director  
* Marion Wofford, MD  
  Chief of Staff  
* Angie Boileware, NP  
  Chair of Advanced Practice Provider Council  

**Departmental**

* Marion Wofford, MD  
  Division Chief  
* Kimberly Harkins, MD  
  Residency Program Associate Director  
* Zeb Henson, MD  
  Residency Program Associate Director  
* Michelle Horn, MD  
  Director of Medical Education & Clerkship Director  
* Terry Jackson, MD  
  Vice Chair of Clinical Affairs  
* Jimmy Stewart, MD  
  Residency Program Director, Med/Peds  
* Debbie Minor, PharmD  
  Executive Vice Chair of Department of Medicine  

**Other**

* Kimberly Harkins, MD  
  FQHC Leadership  
* Dan Woodliff, MD  
  ACP Governor elect
Collaboration for Research in Communicable Diseases (CRIC)

• Focused on **RESEARCH** in communicable diseases (HIV, TB, STDs)

• Improving research **COLLABORATIONS** both on and off the UMMC campus

• Bringing **TOGETHER** researchers of various background to work on projects

Contact:
Dr. Deborah Konkle-Parker, dkparker@umc.edu
Dr. Arti Barnes, abarnes2@umc.edu
Venetra McKinney, vmckinney@umc.edu

Core team for CRIC - left to right
Kendra Johnson, MSDH HIV epidemiologist;
Dr. Chris Meade, Dept of Microbiology;
Dr. Arti Barnes, Div of Infectious Diseases;
Dr. Deborah Konkle-Parker,
Div of Infectious Diseases
### 2012 Graduation Ceremony Awards

Consult Service of the Year - Critical Care Medicine (4th year in a row)

All-Star Teachers - Steve Geraci, Andy Wilhelm

Teacher of the Year - Dr. Pepe Subauste

Research Fellow of the Year - Sumanth Daram

Fellow of the Year (Lehan Award) - Calvin Thigpen (3rd year in a row)

InTraining Exam-Most significant score increase over 3 yrs – Shawn Sanders

InTraining Exam-Highest score average over 3 yrs - Chet Tharpe

Spirit of the Program Awards - Seth Compton, Patricia Stewart

Resident of the Year (Hellems Award) - Kevin Bridges

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### Faculty Focus

**Craig Long, MD**
**Assistant Professor of Cardiology**

**Q. In just a few sentences, for those who may not know you, tell us briefly about you – where you are from? Married? Children? Position?**

I am married to Jana and have 4 children. Samuel is 7yo, Sara Kate is 4 yo, Anna Caroline is 2 and 1/2 yo and Ainslie is 6 weeks old. I did almost all medical training at UMC except for 1 year I spent at UAB doing my Advanced Heart Failure and Transplant Cardiology Fellowship. I am an Assistant Professor in the Cardiovascular Disease division as an Advanced Heart Failure/Transplant Cardiologist. There are now 2 of us practicing Transplant Cardiology in the state of Mississippi.

**Q. What is something that people don’t know about you that might surprise them? Or interest them?**

I was born at the teaching hospital in Detroit, Michigan so was likely delivered by a medical student. I grew up in Louisville, KY and Birmingham, AL before attending Ole Miss and have been in Mississippi ever since college.

**Q. What advice do you have for residents?**

Work hard and see as many patients (with all variety of problems and severity) as you can during your training. Also do and/or observe as many procedures as you can. These things will help you decide what career path you will take and help you know what is involved in different specialties/procedures. You will never have another opportunity like you have in training for the broad variety of exposure to different problems of different severities. Exposure to as much as possible will serve you and your patients well in the future no matter what career path you take.

**Q. What do you feel is your greatest accomplishment? Or is there something that you hope to accomplish in the future?**

My marriage of 13 years and 4 beautiful children are my greatest accomplishment. Without them I would not be the person I am today. They keep me grounded and give perspective to everything that I do. I hope to help to grow the Cardiac Transplant and Mechanical Circulatory Support services here at UMC to help to provide these life saving and life altering therapies to fellow Mississippians so that they do not need to travel out of state to receive this care. You can make a large impact on a person when you help them to get from the point of being short of breath tying their shoes to being able to return to regular physical activities with few limitations.
Check out the Office of Research and Scholarship (ORS) web site (click the link at the left on the Department of Medicine site medicine.umc.edu/).

Find helpful resources, monographs, articles, links and more to help you with your academic projects and development.

“Scholarship References” which has over 150 articles on career development, research, writing, and presentations

“Extramural Resources” which includes about 50 web sites of programs for advanced training in education and administration

***Recently added....***

Journals Listing/Information for Authors which has a searchable journal database for instructions to authors providing key information as Impact Factor, Journal’s website link, and type articles published

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**Student Corner**

2012-2013 Block Party

- July 23rd
- November 12th
- March 11th
- May 20th

Sal & Mookies 5:30-7:30

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**Vision Statement**

“We will be a department of top quality physicians, with excellent work ethic, committed to serving our patients, teaching our learners, and expanding the art and science of medicine.

Each of us will be happy to come to work each and every day, contributing to a tremendous team effort, finding personal and professional fulfillment in making a difference for those we work with and those we work for.”
Barr Biglane, Chief Resident  
University of Mississippi Medical Center  
“Nothing great was ever achieved without enthusiasm.”  
- Ralph Waldo Emerson

Stewart Boyd, Chief Resident  
University of Mississippi Medical Center  
“250 lbs of twisted steel and sex appeal.”  
- Coach Joe Paul Purvis

Chet Tharpe, Chief Resident  
University of Mississippi Medical Center  
The road to success is always under construction  
Lily Tomlin

Ginny Blalack  
Geriatrics  
University of Mississippi Medical Center  
“Never mistake knowledge for wisdom. One helps you make a living; the other helps you make a life.”  
Sandra Carey

Hima Reddy Boppidi  
Hematology  
Georgia  
"It is your attitude at the beginning of a task that determines success or failure."

Kevin Bridges  
Private Practice  
“You can’t fix stupid.”  
Ron White

Alycia Cleinman  
Geriatrics  
University of Mississippi Medical Center  
You gain strength, courage and confidence by every experience in which you really stop to look fear in the face.  
- Eleanor Roosevelt

Seth Compton  
Rheumatology  
University of Mississippi Medical Center  
“Seven years of training and not even one lecture on zombie attacks.”

Melanie Hall  
Private Practice  
Georgia  
Faith is taking the first step even when you don’t see the whole staircase. -Martin Luther King, Jr.
Allyn Harris
Pulmonary/Critical Care and Rheumatology
University of Mississippi Medical Center
*Good dogs come along to teach us how to love like it's our job... because it is.*

Trayton Mains
Rheumatology
University of Mississippi Medical Center
"okie dokie" - Licy Yanes Cardozo

Sam Pierce
Private Practice
Vicksburg, Mississippi
You can easily judge the character of a man by how he treats those who can do nothing for him.
-- Johann Wolfgang von Goethe

Sara Sanders
Geriatrics
University of Mississippi Medical Center
*Kindness is the language which the deaf can hear and the blind can see.*
Mark Twain

John Saxon
Cardiology
University of Mississippi Medical Center
"from Erin Perkins: noon conference in cw 106. Rheumatoid arthritis. Lunch provided by rep."

Adam Isbell
Hospitalist
Baptist Medical Center
Jackson, Mississippi

Gary Nash
Cardiology
East Carolina University
It is no use saying 'we are doing our best.' You have got to succeed in doing what is necessary.
- Winston Churchill

Daryl Pollard
Cardiology
University of Mississippi Medical Center
Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.
- Booker T. Washington

Shawn Sanders
Cardiology
University of Mississippi Medical Center
"BOOM" - Michal Senitko's Shirt

Michael Senitko
Cardiology
University of Mississippi Medical Center
"It ain't over 'til it's over"
Yogi Berra
Patricia Stewart  
Allergy/Immunology  
University of Mississippi Medical Center  
“I got 2 for ya…” - ER Resident

Greyson Thomas  
Private Practice  
Ocala, Florida  
Kimberly Harkins for President 2012

Kelly Waespe  
Cardiology  
University of Mississippi Medical Center  
“Sure, girls come from New York, they are tough. And girls from Georgia, they are sweet. But those born and bred feisty Kentucky girls, they are the ones you have to look out for. We have fire and ice in our blood. We can ride a horse, be a debutante, throw a left hook and tell you the entire UK line up all while making sweet tea. And if we have an opinion, you get to know it.”-Ashley Judd

Internal Medicine/Pediatrics Residents

Seema Ahuja  
Medicine Hospitalist  
University of Mississippi Medical Center

Ben Burkett  
Private Practice  
Hattiesburg, Mississippi  
“Nobody goes there anymore because it's too crowded.” Yogi Berra

Laura Parks  
Combined M/P Rheumatology  
University of South Carolina  
“The Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, ...to comfort all who mourn, and provide for those who grieve in Zion - to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair.” Isa 61:1-3