For over 30 years, Mississippi physicians have looked to Medical Assurance Company of Mississippi for their professional liability needs. Today, MACM is an integral part of the health care community providing a legacy of service to our insured physicians.

A dedicated staff and physician involvement at every level guarantees that the interest of our policyholders remain the top priority. This, combined with many years of loyalty and support from our insureds, is what allows us to be the carrier of choice in Mississippi.
I hope those of you who were able to score tickets to The Lion, the Witch and the Wardrobe enjoy it. It should be quite the family affair!

Goodwill Art Show
3:15pm. Arts Center of Mississippi. Artists with disabilities showcase their work.

State HIV/AIDS Day
3.1 11:00am. Mississippi State Capitol. The press conference features state health official, legislators, people living with HIV and authors of reports that focus on HIV/AIDS in Mississippi.

Fondren After 5
3.3 5:00pm. Fondren. Monthly event showcases the local shops, galleries, and restaurants in Fondren.

Jackson Audubon Society First Sat. Bird Walk
3.3 8:00pm. An experienced Audubon Society member leads the walk. Bring binoculars, water, insect repellent and a snack.

Jackson Happenings
3.3 10:00am. North Midtown Arts Center. Buy, sell or trade records, and enjoy food, raffles and music.

Cinderella
3.3 2:00pm. Jackson Academy Performing Arts Center. The MS Metropolitan Ballet’s performance is based on the classic fairy tale. A children’s tea party follows the 2pm performance.

Art House Cinema Downtown
3.17 4:00pm. Downtown Jackson. Mississippi’s widest selection of art films includes “The Whale” at 2 pm and “4 the Record” Swap Meet at 5 pm.

Burn the Dance Floor
3.17 4:00pm. Downtown Jackson. The team takes on the Capital Defenders. There is a 3.5 mile loop with 3 stops or a 2 mile loop with 2 stops. Start and finish the race at Hal & Mal’s with the first stop at Parlor Market, then on to Old Tavern, and the final stop at Wingstop. http://luckytownbrewing.com/Lucky_Town_Brewing_Company/Be_Bold_Beer_Run.html

Be Bold Beer Run
3.17 4:00pm. Downtown Jackson. Be Bold Beer Run features Mississippi’s widest selection of art films.

Jackie’s Playhouse
3.4/11/18/25 at 2:00pm. Russell C. Davis Planetarium. Films include “The Whale” at 2 pm and “Balbo” at 5 pm. Popcorn and beverages sold. $4 per film.

Music in the City
3.5:15pm. Mississippi Museum of Art – Trustmark Grand Hall. In partnership with St. Andrew’s Cathedral, the museum brings a series of free concerts one Tuesday a month.

Trans-Siberian Orchestra: Beethoven’s Last Night
3.8 at 7:30pm. Mississippi Coliseum. The classical rock band plays Beethoven’s compositions.

Zoo Day
3.10 10:00am. Jackson Zoo. Enjoy arts and crafts, space jumps, animal encounters and keeper chats.

He-Man Manly Night
3.12 5:00pm. Underground 199. The fundraiser for Raise Your Pints is a “man-fest” of beer, burgers, and bluegrass. $25 admission includes a commemorative glass.

Mississippi Happening
3.30 7:00pm. Highland Village. MS chefs and fine restaurants share their culinary favorites. A silent auction and live music are included. $65 in advance, $80 at the door. Proceeds benefit Stewpot.

Screen on the Green
3.30 7:00pm. MS Museum of Art. Crossroads Film Society hosts the monthly outdoor film series in the Art Garden.

Renaissance Fine Arts Festival
3.31 9:00am. Jackson Medical Mall. Leadership Greater Jackson and Be Active MS host. Event includes health screenings, a 5K walk and one-mile fun run, healthy eating tips and prizes.

Magnolia Roller Vixens Rollery Derby
3.31 7:00pm. Jackson Convention Complex. The classical rock band plays Beethoven’s “Symphony No. 9.”

Cindy’s Rock Band
3.31 11:00am. Mississippi State Capitol. A children’s street carnival, parade and celebration of life.

Luncheon and music from Molly Ringwalds
3.23; a children’s street carnival, parade and “Balbo” at 5 pm. Popcorn and beverages sold. $40 buy-in.

Be Bold Beer Run
3.30 7:00pm. Jackson Zoo. Annual Mardi Gras-style parade begins on the corner of State and Court streets. Also enjoy a 5K run, the Trustmark Children’s Fes-tival and Parade, and the Pet Parade before the main event.

Casino Night Fundraiser
3.30 7:00pm. Hal & Mal’s. Event benefits Blair E. Batson. Admission $10 includes $20 worth of chips to play the game tables. There will be a Texas Hold ‘Em 18 people poker tournament starting at 6:15 for a $40 buy-in.

Taste of Mississippi
3.26 7:00pm. Highland Village. MS chefs and fine restaurants share their culinary favorites. A silent auction and live music are included. $65 in advance, $80 at the door. Proceeds benefit Stewpot.

Screen on the Green
3.30 7:00pm. MS Museum of Art. Crossroads Film Society hosts the monthly outdoor film series in the Art Garden.

Health Fair and Fitness Walk
3.31 9:00am. Jackson Medical Mall. Leadership Greater Jackson and Be Active MS host. Event includes health screenings, a 5K walk and one-mile fun run, healthy eating tips and prizes.

Renaissance Fine Arts Festival
3.31 9:00am. Jackson Medical Mall. Leadership Greater Jackson and Be Active MS host. Event includes health screenings, a 5K walk and one-mile fun run, healthy eating tips and prizes.

Art House Cinema Downtown
3.31 4:00pm. Downtown Jackson. Magnolia Roller Vixens Rollery Derby
3.31 7:00pm. Jackson Convention Complex. The team takes on the Capital Defenders. $12 in advance. $15 at the door.

Bravo V: Ode to Joy
3.31 7:30pm. Thalia Mara Hall. MS Symphony Orchestra presents “Variations and Fugue on a Theme of Purcell” and Beethoven’s “Symphony No. 9.”
On January 31 the School of Nursing seniors and accelerated students had the privilege of attending the 2012 Nursing Summit at the Jackson Convention Complex. This event, sponsored by the Mississippi Nurses Association, gathered hundreds of nurses and nursing students from all over the state of Mississippi. The day started with a welcome from Gayle Harrell, the Mississippi Nurses Association President. Dozens of exhibits were presented, with topics ranging from nurse recruitment, organ donation, health and wellness, and the Mississippi Association of Student Nurses. The day consisted of presentations covering subjects such as ethics in nursing practice, becoming a politically savvy nurse, nursing success stories, and tips for developing nurse leaders. Author Neil White, Congressman Bennie Thompson, Senator Terry Burton, and Lobbyists Betty Dickson and Lee Ann Mayo were among the guest presenters. As we near graduation in May, this was a great opportunity for us as a class to learn more about what our state professional organization does. Politics and legislation related to nursing practice were also covered at the Summit, which are both important topics for us to learn about as we near graduation and will soon begin the job search.
The Interprofessionalism Committee update

What a great month for the IPC! This semester has been full of excitement so far, and we are so glad to have our second campus-wide M&M under our belts! In addition to our second campus-wide M&M, the first annual health fair, located at the Jackson Medical Mall has not only made an impact on the city of Jackson, but has been a great opportunity to successfully integrate the skills of many students from different academic programs and backgrounds, through the common goal to increase awareness about preventative measures that can be taken to reduce the risk for so many health problems. Many preventable conditions, such as type II diabetes, high blood pressure, and obesity, which affect our community, our state, and our country as a whole, are ignored until it is too late. We all know that after the onset of these conditions it is much more difficult to return to a healthy state, but all too often patients are not given the information that they need to take preventative measures. As researchers and practitioners, it is our job to provide not only solutions to illnesses, but education and training for healthy living to our communities. It is so exciting to be a part of such an initiative, even if only for one day out of the year. This year, activities including physical fitness demonstrations, blood pressure and glucose screenings, healthy cooking sessions, oral health screenings, and information sessions about living a healthy lifestyle are just a few of the great offerings provided by the interprofessionalism committee and our community sponsors. Great job everyone!! This time of year, coursework, rotations, and deadlines really start to feel unbearable. In fact, the most effective “coping mechanism” for many students is to withdraw from life and get lost in the library. However, it is amazing how rejuvenating going for a walk or pitching in on a community activity for a few hours on a Saturday can be! It is a great time to clear your head, get some fresh air and sunlight; and impact the lives of anywhere from a few, to a few thousand people in the city of Jackson. After weeks of reading the same things over and over, concepts can really start to run together. By stopping and taking some time for your friends, family, pets, and community, you will be able to increase your efficiency and effectiveness as you wrap up the last couple of months of the Spring semester!

As a graduate student in the program in neuroscience, I am excited to share one of every neuroscientist’s favorite weeks of the year, Brain Awareness Week! Brain Awareness Week begins on March 12 and continues through March 18, but we like it so much that we will be celebrating all month long. On March 5th we will be working with Millsaps College to provide information to undergraduate students about careers in Neuroscience and Medical Research. We will also be supporting activities related to mental health and awareness about neurodegenerative diseases while working to increase interest in academic research careers. The actual week of Brain Awareness Week will be dedicated to UMC, of course, and although we are few in number, the Neuroscience students will be working with other programs and divisions on campus to coordinate activities. Finally, the week of March 19th will be dedicated to visiting elementary schools around UMMC to give presentations about taking care of your nervous system through diet, exercise, and safety. We also hope to coordinate a number of educational activities to teach elementary school students about the structure and function of the human brain. It is our hope that by increasing awareness about neuroscience and mental health across these three very different populations, that we will not only increase interest in our field, but enhance interdisciplinary collaboration, which can ultimately lead to better funding, better research, and better healthcare.

Cardiovascular disease is the leading cause of death in the United States; one in every three deaths is from heart disease and stroke, equal to 2,200 deaths per day. These conditions are also leading causes of disability preventing people from working and enjoying family activities. Cardiovascular disease is also very expensive—together heart disease and stroke hospitalizations in 2010 cost the nation more than $444 billion in health care expenses and lost productivity.

Students, faculty, and staff of the School of Health Related Professions wore red in February to show support for American Heart Month. (Picture courtesy of Matt Westerfield, from the UMMC Division of Public Affairs)

Visit www.americanheart.org for more information about cardiovascular disease and American Heart Month.

The Junior class of dental hygiene students show off their new sweatshirts!
Since the inception of the Jackson Free Clinic, the students who run it from year to year have had the never ending passion to provide quality healthcare to patients who need it most; those without any form of health insurance. The clinic, initially leased from the Voice of Calvary Ministries, was permanently affixed in the heart of Jackson when a local citizen, inspired by these entrepreneurs, donated a building located on Martin Luther King Drive. The year was 2003 and with the sweat equity from students, the once warehouse of 2,230 sq ft of the building’s 5,500 sq ft was transformed into the clinic many medical students have utilized over the years. However, as time passed and number of patients needing the JFC increased, the four exam rooms initially built became cramped to accommodate the nearly 800 clinic visits each year. The vision of expanding the number of exam rooms, incorporating other services, and additionally, better compliment the education provided to the junior students not yet in clinical training remained unfilled as finances continued to be the limiting reagent for this action to take place…until 2012. After meetings with architects and contractors, establishing a fundraising committee, and perfecting the blueprints for expansion, the board of 2011-12 embraced the idea to make the Jackson Free Clinic bigger and better. The number of exam rooms and lab stations will double, space will be allotted for rehab services, and ample work area will be available for future subspecialty services. This goal however came at a price of $300,000 – a truly daunting figure to students who had acquired over half of this debt just to obtain their medical degree. Fueled with an altruistic drive, after all the t’s crossed and i’s dotted, presentations to potential donors seeking to support the clinic went underway. Never losing the mantra of supporting their students, the JFC was awestruck when a generous donation from the school of medicine was made to reach half of the goal to seek the completion of the expansion.

The Occupational Therapy Class of 2013 got a special kind of valentine this year! We received a valentine that told us what part of the country we would be doing fieldwork in this summer, as well as what setting we would be dedicating our lives to for the three months. Yes, the OT2’s were taken by complete surprise one Thursday morning, when many of our faculty created quite a stir by walking into our classroom with cookies and valentine treat bags that contained our placement letter, bringing an end to weeks of anxious pondering. Just as an atmosphere of expectation pervades the medical students’ Match Day, much excitement filled the air in our OT classroom. Some of the facilities where we will be representing UMMC are in Texas, Washington, Rhode Island, Missouri, Florida, Arkansas, and Louisiana, and, of course, here in the great state of Mississippi. As a whole, we are all excited about our upcoming adventures in Occupational Therapy this summer, and we look forward to representing our school and state with pride!

In other news, congratulations are in order for classmates Mary Ann Pennington, Sarah Brumfield and Leah Malone for making the Occupational Therapy Department proud by representing us in the “Jamming for the Jackson Free Clinic” Fundraiser. This fundraiser was also a fun-raiser while we all cheered on our classmates and watched them win their 2nd place victory. Performing as a group titled “Skillz Pay the Billz,” their riveting performance of the TLC classic, “No Scrubs,” definitely showcased their impeccable stage presence and altruistic drive for showmanship perfection. Their skills most definitely helped pay the bills for the Jackson Free Clinic this year!

We also had an off campus assignment to assess universal design at a local park in Flowood for our assistive technology class.
Where do I start? The charming atmosphere, the tasty appetizers, the delectable entrees, or the mind-blowing dessert? This month Clare and I joined two of our wonderful classmates, Meagan Man- hones and Samantha Hathaway, and we all ventured out of Jackson to the quaint little city of Canton to a hidden gem called Two Rivers Restaurant. We arrived at the restaurant, were greeted warmly, and immediately seated. The friendly staff and management continually impressed us. Our server, Ve’ Sharnie, who is affectionately referred to as “Mrs. V” exceeded our expectations with her joyful attitude, wit, and attention to detail.

We started the night with cocktails, which were all different and equally delicious. We shared appetizers: Fried Green Tomatoes, Char-grilled Oysters on a Half Shell, and Bacon Wrapped Crab-Stuffed Shrimp. The tomatoes were lightly breaded and fried crisp then layered between mozzarella cheese. They were served with a zesty sauce and grilled shrimp that were a perfect juxtaposition. Confession: The four of us wiped the plate clean with our “soppin’ bread.” The oysters were some of the best I’ve ever had and were described as “perfect as a beachside sunset.” The crab stuffed shrimp were my personal favorite, each wrapped in bacon and paired with a tasty sauce that couldn’t be beat!

Just when we thought it couldn’t get any better, next came the entrees. Meagan got the ribeye, which she boasted was one of the best steaks she ever had. This high commendation is supported by the fact that the restaurant只有Mississippi Cattlemen’s 1st place award out of 250 restaurant competitors. Samantha raved about the Redfish. She states, “It was a mild fish that flaked perfectly topped with crabmeat that accentuated the seafood experience without being too overwhelming.” I had the Flounder, which was deboned and served in a Worcestershire sauce that melted in my mouth. Clare enjoyed the pork tenderloin. She raved, “My mouth exploded with the succulent juices of tenderloin wrapped in bacon and set atop a bed of creamy Habanera grits.” And just when we thought it couldn’t get any better and I couldn’t get any fuller…we were treated to a plate of Lambchops. Words alone cannot describe them… Scrumptious and tender without the normally present “gamey” taste, paired with a mint jelly concoction that pushed it beyond the limits of extraordinary. Again we used the bread to sop up every morsel on the plate.

It doesn’t end here. We couldn’t leave without dessert. We ordered the Banana’s Foster Flambe’ made tableside. A portable stove was brought to our table and the bananas were caramelized with cinnamon, brown sugar, and butter and then flambéed with Banana liqueur and Baci-Rum. The mixture was then poured over vanilla ice cream. In one word: Heaven. Clare says “It warms your heart and finishes off your meal with a flavor of home.”

Two Rivers is a big supporter of Batson Children’s Hospital. During the month of April, a portion of all steak sales will be given directly to the Children’s Hospital. So drive on out to Canton, stop in at Two Rivers, ask for Mrs. V, and enjoy some delicious Mississippi fare!

We ask… They answered

When did you guys open? 1996
What makes you different from other restaurants in Jackson? Versatile menu offering everything from steak to seafood to chicken. Moderately priced for fine dining. Average entire cost ~ $24.00 -Fine dining without the stiffness. I would have felt comfortable in a dress or even jeans.
Two separate restaurant-dining experiences! One room called the “Lounge” with a remarkable bar, big screen TV’s, and more lighting. The other is more of a fine dining feel with dim lighting, candles, and ambiance.
-Private group dining options. They have a private wine room that seats 10 and a private room that will seat 40 comfortably. Best part? The service is our priority.
-Located in Canton. But highly worth the short drive!
-Open for dinner only.
-Among the best steaks in the state! The other is more of a fine dining feel with dim lighting, candles, and ambiance.

Pros:
-Versatile menu offering everything from steak to seafood to chicken. Moderately priced for fine dining. Average entire cost ~ $24.00-
-Fine dining without the stiffness. I would have felt comfortable in a dress or even jeans.
-Two separate restaurant-dining experiences! One room called the “Lounge” with a remarkable bar, big screen TV’s, and more lighting. The other is more of a fine dining feel with dim lighting, candles, and ambiance.
-Private group dining options. They have a private wine room that seats 10 and a private room that will seat 40 comfortably. Best part? The service is our priority.
-Located in Canton. But highly worth the short drive!
-Open for dinner only.
-Among the best steaks in the state!

Cons:
-Located in Canton. But highly worth the short drive!
-Open for dinner only.
-Among the best steaks in the state!

To put it lightly, the NCAA basketball tournament consumes us. One in three Americans will fill out an NCAA Tournament bracket this year. A 2008 MSNBC study revealed and estimated $1.7 billion was lost in productivity across America during the three weeks of the tournament. Another study reports over $3 billion is being wagered over the three-week span of this year’s tournament. Thankfully, I will not be placing any bets on this year’s tournament. Just for fun though, would you like to guess your odds of picking a perfect bracket? Surely at least one American is bound to achieve perfection right? You would think so, but the odds are not with us. With the 68-team field, there are a possible 135 quintillion different bracket possibilities. To put that in perspective, one quintillion is just like one million, but with twelve zeros added to it. For guys, an easier way to understand the odds is this: Lloyd Christmas’s chances of winning up with Mary Swanson are literally over one trillion times more likely.

The number of possible bracket scenarios is so vast that if one person filled out one bracket per second, it would take that person 4.7 quadrillion years to fill out every possible bracket. Quadrillion comes after trillion. The mind-blowing commence. Of course, the odds of picking a perfect bracket are much better than the actual number of possible brackets because we know that there are certain bracket possibilities that will never happen (obviously, all four 16 seeds will never reach the Final Four).

With that in mind, what do you think your chances are of correctly predicting the two teams to make the championship game? Right? All you have to do is guess the correct two teams to carve their path to New Orleans (not all 68). According to ESPN, almost six million people submitted a bracket to their contest in 2011, and only 0.07 percent of brackets submitted correctly predicted Butler and Connecticut to play in the championship game. Furthermore, the chance of having a perfect bracket out of six million was extinguished within the nine days of the tournament beginning.

Aren’t these the kind of unathomable odds we dream of though? The amount of involvement by the entire nation with this tournament is unprecedented. It has become an American tradition. Because of America’s involvement, it’s also the only time of year where your wife or girlfriend, who can’t even pronounce Krzyzewski, dominates you in predicting outcomes. Men, these three weeks can be some of the most relationally challenging days with your wife. Your toughest moments are coming when you correctly predicts the 4/13 upset, especially when you had so wisely advised her against such an incredibly dumb pick. Embrace this time. Look her in the eyes and say, “You’re doing great sugar-poo!” All while your male pride secretly rages out of control. Remember, most female significant others just wanted to be included! They want your support. So swallow your Valparaiso and go cook her some heart-shaped pancakes. And while pouring that bucket of love on the hot skilet of sincerity, Just know we’re all right there with you brother. That’s March Madness.
No, that is not a picture with downtown Chicago photoshopped into the background. That is me, Clarence Holmes, standing 103 floors up on the “Skydeck Ledge” in the tallest building in the country, the Willis Tower (formerly known as Sears Tower). So why was I in Chicago in the middle of one of the coldest Winter months? The American Physical Therapy Association hosted its annual Combined Sections Meeting (CSM) in this beautiful, but cold, city from February 8-11. After attending the National Student Conclave that was held in October in Minneapolis, MN, I caught the “bug” as my peers would say and desperately wanted to attend CSM. Thanks to the SHRP Alumni Development Fund, I was able to make that happen.

CSM is a huge conference where exhibitors, practitioners, and researchers from all specialties present and showcase all things new in the physical therapy profession. As a first year student, the opportunity to see what all is available to myself and all other PT students and professionals was an absolutely amazing experience. Not only was this an opportunity to get caught up on what’s going on in the field, it was also an opportunity to meet and network with current leaders in the field. And when I say current leaders, I mean I met the authors of a couple of my textbooks (talk about feeling like small fish). To receive advice from someone who knows my future profession so well is an humbling experience and one that I will never forget.

The greatest thing about CSM was not the excellent programming, or the exhibitors showcasing the future of PT (both of which were great). It was getting a chance to meet the authors of my textbooks, students from all over the country, researchers in the field, all of which I had something to learn from that can’t be taught here at UMMC. This is why I enjoy these conferences so much. There were 12,000+ people that attended CSM...that’s 12,000+ different stories and experiences that could help shape the way that I will one day practice. 4,000+ were students...that’s 4,000+ students who had advice about how to get through neuroanatomy and orthopedics. I consider myself lucky that little ol’ me, a first year student, was able to be in the presence of such a profound and intelligent group of people.

If you’ve made it this far down the page, thanks! My charge to you now is to get involved and attend as many conferences as possible within your field; be it dentistry, pharmacy, nursing, or any of the other wonderful schools that we have here at UMMC. There is much more to learn than what is taught inside of a classroom. Our professors are doing their jobs to teach us what they can...We have a part in our education as well and should take the initiative to learn as much as we can from as many people as we can. Our future patients deserve it, right?

On the first Friday in February each year, children in schools all over Mississippi get excited about something a little atypical. With smiles on their faces and anticipation in their eyes, these kids load up on school buses and head off for a glorious adventure at the dentist. “The dentist?” you may ask. “With smiles? Kids? All in the same sentence?” Unbelievable as it sounds, it is the actual truth. With the help of the American Dental Association, the UMMC School of Dentistry has partnered with dentists all over the country to give Kids A Smile Day, with the goal of exposing kids to the dentist and promoting good oral health behavior early in life. Although some of the children were smiling more than others by the end of the visit, the fact that they all experienced it together helped ease any fears that may have been present, and everyone got a good cleaning, check-up, and fluoride varnish before the day was through. Some kids even got sealants to prevent future decay – and all free of charge. For others, oral health education was provided in a school setting. The mission that dental professionals hope to accomplish with this event is a big one, but necessary—especially in our state. As the GKAS website states, “A one-day event like Give Kids A Smile isn’t a cure-all; it’s a wake-up call. People shouldn’t have to depend on charity for basic dental care...Give Kids A Smile is meant to accomplish two things, help children get the dental care they so desperately need AND raise awareness that our children deserve a better health care system that addresses their dental health needs.” With the time and dedication required, the School of Dentistry hopes to bring about change—one smile at a time.
The 22nd annual Taste of the U was held on February 25 at the Jackson Medical Mall with a successful turnout as usual with nearly 1,000 people who attended. Taste of the U is put on annually by the UMMC Alliance which is a non-profit organization that benefits the patients and students of UMMC with this year’s proceeds benefiting the Mississippi Children’s Justice Center, the only one of its kind in Mississippi, that provides investigation and intervention services for abused and neglected children and families. During Taste of the U, different departments and divisions of UMMC come together as teams of chefs providing creative themes and tasty treats for the public to sample. Teams compete for awards such as Best Taste, Best Presentation, Heart Healthy, People’s Choice, and Children’s Choice. More importantly, everyone wants to win the coveted ceramic pig dubbed Dr. Fine Swine for the Best Overall Showmanship for not only the title, but also for bragging rights for the entire year!

This year’s event included great themes such as the circus, the television show Madmen, The Swamp people, Star Trek, Margaritaville, and the Kentucky Derby among many others. Each of these tables had their own signature foods and even sometimes signature drinks. Thanks to all of the celebrity judges that included Jill Conner Browne, Dr. Carolyn Meyers, Jeff Good, Ronnie Agnew, Derek Emerson and Kara Kimbrough who sampled all of the cuisine and drinks as well as taking into consideration the time, effort, and creativity put into each table before deciding on the winners.

This was my first year to attend and participate in the Taste of the U and I can’t begin to tell you how much fun it was. I had the pleasure of helping to organize and create the ASB’s rendition of Willy Wonka and the Chocolate Factory. More importantly, everyone wants to win the coveted ceramic pig dubbed Dr. Fine Swine for the Best Overall Showmanship for not only the title, but also for bragging rights for the entire year!

With all of the hard work put into this, the ASB has come a long way since last year’s entry. Our amazing team not only won the pig for “best overall showmanship,” but we also received an acknowledgement in the Clarion Ledger where the author and celebrity judge Ms. Kimbrough said “it was like the proverbial kid in a candy store, I was mesmerized by the Willy Wonka and the Chocolate Factory created by the Associated Student Body.” To learn more about Taste of the U, you can visit their website at http://www.umc.edu/taste.html.

**awards**

**Children’s Choice:** School of Dentistry “The Greatest School on Earth”

**People’s Choice:** School of Dentistry “The Greatest School on Earth”

**Heart Healthy:** The MIND Center

**Best Presentation:** Rehabilitation Services “Rowdy Rehab Roundup”

**Best Taste:** Center for Excellence in Cardiovascular Renal Research “The Swamp People Redux”

**Best Overall Showmanship:** ASB “Willy Wonka and the Chocolate Factory”

Pictured right: Brandon Weatherly, M3 Keisha Bell, M4 Stephen Stika M3 Bobby Tullos, M4 Armand Sourfield, M3 Mimi Abadie, M3 Raven Laidner, M4 Lyssa Taylor, M4 Drew Hayslett, M2 My Linh Ngo, M4 Mubina Isani, M4 Clare Bush, M4

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**Decorated Willy Wonka Pig:**

Children’s Choice: School of Dentistry “The Greatest School on Earth”

People’s Choice: School of Dentistry “The Greatest School on Earth”

Heart Healthy: The MIND Center

Best Presentation: Rehabilitation Services “Rowdy Rehab Roundup”

Best Taste: Center for Excellence in Cardiovascular Renal Research “The Swamp People Redux”

Best Overall Showmanship: ASB “Willy Wonka and the Chocolate Factory”

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The 22nd annual Taste of the U: a world of pure imagination.
The highest temperature ever recorded on earth was a searing 136° F. The scorcher occurred in Al Aziziya, Libya on September 13, 1922.

The guy who invented the karaoke machine, Daisuke Inoue, couldn’t sing, couldn’t read music, and played the keyboards about as well as your average third-grader.

During a 1956 speech for his campaign of de-Stalinization, Soviet leader Nikita Khrushchev was asked by an unseen audience member why, as an advisor to the dictator, he had never stopped Stalin from committing his atrocities. Khrushchev immediately lashed out, “Who said that?” The room grew quiet. Khrushchev repeated his query to more silence, waited a beat, and then said, “Well, now you understand why.”

Twinkies originally had banana-flavored filling, but switched to vanilla when World War II brought the banana trade to a halt.

The letter J was the last letter added to the English Alphabet. Before that, the letter I was used in its place. U was the second last letter added, and usually replaced by V.

1. How many people went onto Noah’s Ark?
2. Name four actors who played James Bond.
3. What’s the smallest country in the world?
4. When did the Second World War end?
5. What country fielded 1996 Olympic women’s teams that won gold in basketball, soccer and softball?

sudoku.

now that’s interesting.

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The highest temperature ever recorded on earth was a searing 136° F. The scorcher occurred in Al Aziziya, Libya on September 13, 1922.

The guy who invented the karaoke machine, Daisuke Inoue, couldn’t sing, couldn’t read music, and played the keyboards about as well as your average third-grader.

During a 1956 speech for his campaign of de-Stalinization, Soviet leader Nikita Khrushchev was asked by an unseen audience member why, as an advisor to the dictator, he had never stopped Stalin from committing his atrocities. Khrushchev immediately lashed out, “Who said that?” The room grew quiet. Khrushchev repeated his query to more silence, waited a beat, and then said, “Well, now you understand why.”

Twinkies originally had banana-flavored filling, but switched to vanilla when World War II brought the banana trade to a halt.

The letter J was the last letter added to the English Alphabet. Before that, the letter I was used in its place. U was the second last letter added, and usually replaced by V.
My youngest son, Jalen, is a pianist for our church Sunday School. Since Christmas, he’d been holding a love gift from our church (it’s a small check). Jalen is a minor and does not have a checking account. His only identification is his school issued ID. I’ve advised him since the holidays that he would have to get the church to cash the check because the bank will not cash it.

After much insistence and persistence, Jalen convinced me to at least “try”. (What does try mean? It means to make a sincere effort to accomplish or do something.) As a busy adult, I thought it would be prudent to call first. I called our bank and told them my son had a check drawn on another bank and he was a minor with no valid Mississippi ID. The teller laughed and told me she could not cash it. After informing my son, he was still insistent on physically going to the bank to try to cash this check.

I told him “no way!” Even the bank said “no way!” He was adamant that they would do it if we just went to the bank and tried. I decided to prove him wrong and show him that Father knows best. We went to the drive-through window of the bank. He endorsed the check, presented his school ID and the teller cashed the check, no questions asked!

As my evening meal of crow simmered in the pot, I began to smell the aroma of Food for Thought: You never know for sure that something won’t work until you first exhaust trying!

Chris Taylor
Project Manager
University of Mississippi Medical Center
Division of Multicultural Affairs

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game solutions

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D1’s around town

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Food for Thought: 
If at first you don’t succeed...
Meet the Editor:

Mary Catherine Stone is a D3. She enjoys dreaming, coming back to reality, and passing big exams, in that order. Her greatest ambition is to improve her posture, as there is some serious concern about the way things will turn out if they keep going the way they are.

Currently:

Listening to: “Swept Away” - The Avett Brothers
Strengthened by: Isaiah 43
Challenged by: Matthew 10
Excited about: NYC SB 2K12!!
Learning: “We can no more diminish God’s glory by refusing to worship Him than a lunatic can put out the sun by scribbling ‘darkness’ in his cell.” (CS Lewis)

If you’d like to print something in the next Murmur, please email mcstone@umc.edu by March 20th.

How many of you are counting the days to spring break? I know I am. And by the time these words are read, we will be much closer—so congratulations, you’re almost there! An entire week of freedom! Although for some this week will be full of studying (which, to me, is just plain mean), hopefully all of us will be able to cram some relaxation in there somewhere. This past weekend, the D3 and D4 students took licensing exams, which left us all exhausted, and also left me with the knowledge that I will probably have a hunchback by the time I’m 30. That’s dentistry for you. But, as Helen Keller tells us, “Life is either a great adventure or nothing.” I think that professional school gives us a little bit of a different perspective on that means—when I hear “adventure,” I don’t immediately think “drill on plastic teeth for 8 hours straight.” I tend to think more gallivanting-in-western-Europe type stuff. But then I remember that gallivanting doesn’t really do anyone good but myself, and even though I don’t see it very often, I am totally teaching others to lead healthier lifestyles, and to actually care about what they do to themselves. Never mind that we drink more coffee than should be legal for a single human being. Never mind that we sometimes have trouble getting three square meals in a day. Never mind all those days when sunshine might as well not exist, because we never see it. And never mind that we roll out of bed and come to school as if we’re pretending like no one can see what we look like (wait, is that just me?). We help, even if it’s just a little bit. So when I’m wishing I was back where that picture was taken below, I must remind myself that life in Macedonia is as hard as life here, and life in 10 years will be just as tiring and busy as life now. Each day I get closer to that inevitable hunchback, I am also following a career path that I chose, for a purpose I believe in, for a people who will need me one day. Hopefully, we all are. Minus the hunchback. So why not see today as an adventure?
Now I can... be a caregiver again

Beverly Coleman of Brandon awoke to a strange new reality in June, 2008.

After a collision with a dump truck bruised her brain and battered her body, the hospice nurse was the one needing constant care. “That was the hardest challenge,” she said. “I don’t like being a patient. I like helping people.”

It’s a calling shared by the staff of Methodist Rehab’s inpatient and outpatient brain injury programs. Their dedication helped Beverly reclaim the skills necessary to return to a job she loves.

“The emotional and spiritual support I received from the therapists kept me going and motivated to meet my goals,” she said. “They were amazing and encouraging. It’s more than a job to them. They gave every bit of what they had.”

Facebook.com/MethodistRehab